

# A Day Of Rest

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♩=84

A day of rest calms me. Songs and psalms soothe my soul. The

The first system of musical notation for 'A Day Of Rest'. It features a grand staff with a treble and bass clef, a 4/4 time signature, and a key signature of one flat (Bb). The tempo is marked as quarter note = 84. The lyrics are: 'A day of rest calms me. Songs and psalms soothe my soul. The'.

spi-rit en-ters in and wraps a-round me The sweet-est warmth and peace I know. A

The second system of musical notation. The lyrics are: 'spi-rit en-ters in and wraps a-round me The sweet-est warmth and peace I know. A'.

day of rest re-fresh-es, my spi-rit is re-newed. The old me is left be-hind the week and

The third system of musical notation. The lyrics are: 'day of rest re-fresh-es, my spi-rit is re-newed. The old me is left be-hind the week and'.

all things are like new. The Sab-bath Day sanc-ti-fied and ho-ly, con-se-cra-ted to the

The fourth system of musical notation. The lyrics are: 'all things are like new. The Sab-bath Day sanc-ti-fied and ho-ly, con-se-cra-ted to the'.

Lord, fills my heart with hope, fills my soul with cou-rage for the Great Day of the Lord.

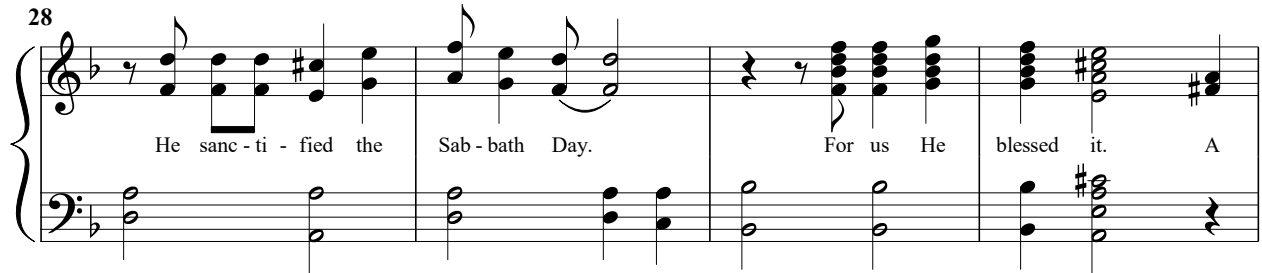
The fifth system of musical notation. The lyrics are: 'Lord, fills my heart with hope, fills my soul with cou-rage for the Great Day of the Lord.'

24



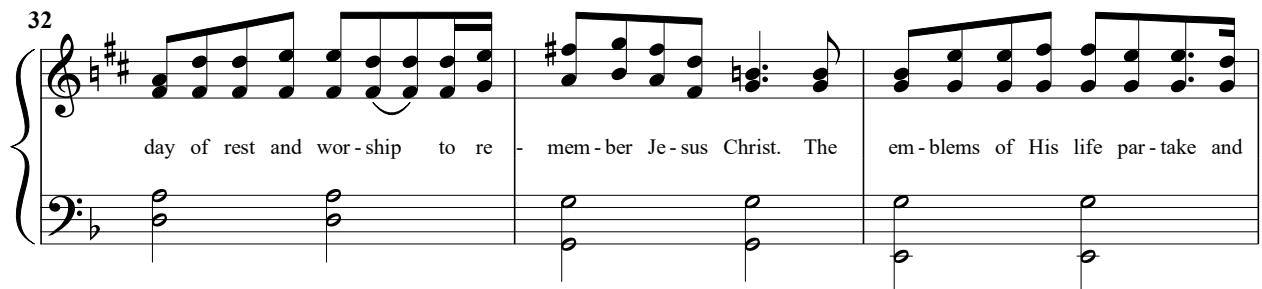
Six days God cre - a - ted all things and then He rest - ed.

28



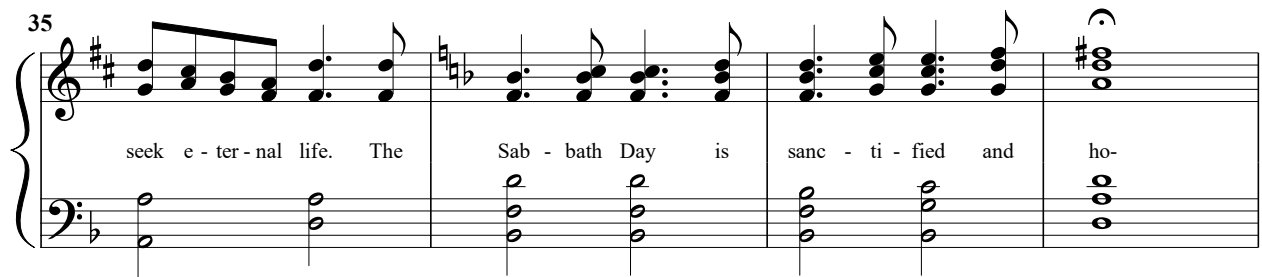
He sanc - ti - fied the Sab - bath Day. For us He blessed it. A

32



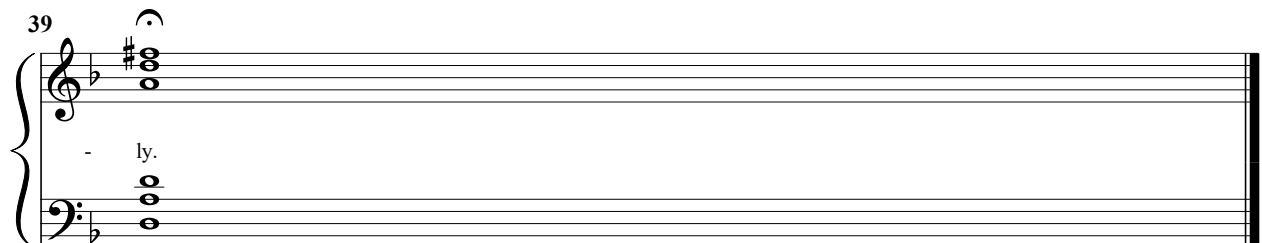
day of rest and wor - ship to re - mem - ber Je - sus Christ. The em - blems of His life par - take and

35



seek e - ter - nal life. The Sab - bath Day is sanc - ti - fied and ho -

39



- ly.