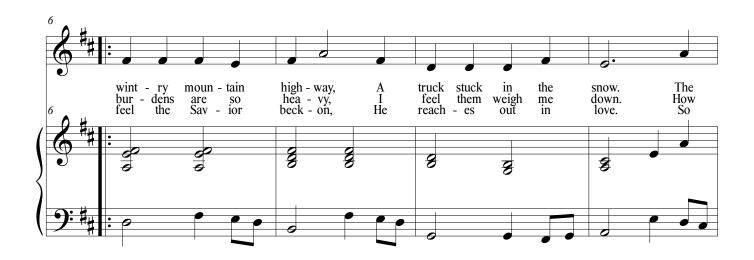
The unique burdens in each of our lives help us to rely upon the merits, mercy, and grace of the Holy Messiah. I testify and promise the Savior will help us to bear up our burdens with ease. ~Elder David A. Bednar ("Bear Up Their Burdens with Ease")

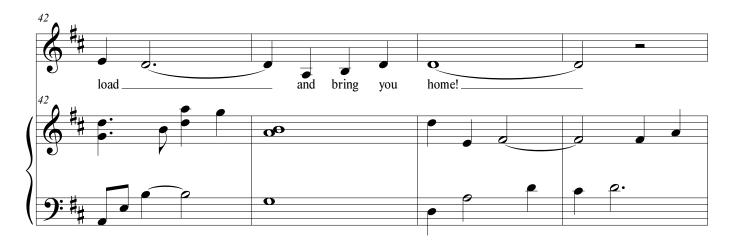


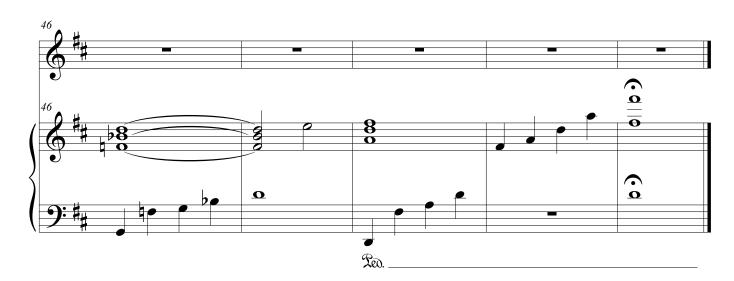












Matthew 11:28-30 Mosiah 24:15